FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)																
1. Name and Address of Reporting Person* LOWBER JOHN M				GI	2. Issuer Name and Ticker or Trading Symbol GENERAL COMMUNICATION INC [GNCMA]								5	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director X Officer (give title below) Other (specify below) Sr VP, CFO, Secretary, Treas.				
				J. 1	3. Date of Earliest Transaction (Month/Day/Year) 05/23/2006									Sr VP, C	CFO, Secreta	iry, Treas.		
ANGHO	DACE AL	(Street)		4. I	4. If Amendment, Date Original Filed(Month/Day/Year)								6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City	RAGE, Al	(State)	(Zip)			T	able I	- Nor	1-De	erivative	Securi	ties A	cquir	ed, Dispo	osed of, or I	Beneficially	Owned	
1.Title of Security (Instr. 3)		Date (Month/Day/Year) a				Code (Instr. 8)		ion	on 4. Securities Acquired (A or Disposed of (D) (Instr. 3, 4 and 5)			d (A)	Beneficially Owned Following Reported Transaction(s)		Ownership or Form:	Beneficial		
			(Mon	(Month/Day/Ye		Cod	e	V	Amount	(A) or (D)	Pr	rice	(Instr. 3 and 4)		\ /	Ownership (Instr. 4)		
Class A	Common S	Stock	05/23/200	6			S			40,000	D	\$ 12.1	1188	96,968			D	
Class A Common Stock		05/24/200	6			S			17,645	D	\$ 12	2.20	79,323		D			
Class A Common Stock													55,915	,915		I	by Trust	
Reminder:	Report on a s	separate line	for each class	of securities					Per cor the	rsons wh ntained i	no res n this splays	form	n are i urrent	not requ tly valid		ormation spond unle rol numbe	ss	1474 (9-02)
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		ion 3A. I Exect y/Year) any		4. Transac Code	ls, w	arrant 5.	per ative ities ired seed 0 . 3,	6. and (M	ns, conver Date Exer d Expirati Conth/Day	cisable on Dat	ecurit e e	7. Titl Amou Under Secur (Instr. 4)	le and unt of rlying		9. Number Derivative Securities Beneficially Owned Following Reported Transactior (Instr. 4)	Owners Form o Derivat Security Direct (or Indir	Beneficia Ownersh (Instr. 4)

Reporting Owners

D (O N /	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
LOWBER JOHN M 2550 DENALI STREET SUITE 1000 ANCHORAGE, AK 99503			Sr VP, CFO, Secretary, Treas.					

Signatures

JOHN M LOWBER	05/25/2006

**Signature of Reporting Person	Date			

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) All shares owned by virtue of participation in the Company's Employee Stock Purchase Plan through December 31, 2005.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.