FORM 4
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Check this box if no	
longer subject to Section	
16. Form 4 or Form 5	
obligations may	
continue. See	
Instruction 1(b)	

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person <sup>*</sup> BEHNKE WILLIAM C	2. Issuer Name and GENERAL COM		0	~	GNCM.	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) (First) 2550 DENALL STREET, SUITE 1000		3. Date of Earliest Transaction (Month/Day/Year) 06/07/2006						X_Officer (give title below)Other (specify below)Sr VP			
(Street) ANCHORAGE, AK 99503	4	4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City) (State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	/	3. Transacti Code (Instr. 8)	on	4. Securi (A) or Di (Instr. 3,	sposed of	(D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form:	Beneficial	
		(Month/Day/Year)	Code	v	Amount	(A) or (D)	Price	(Instr. 3 and 4)	Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in SEC 1474 (9-02) this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)															
		3. Transaction		4.				6. Date Exercisab	le and	7. Title and	Amount	8. Price of		10.	11. Nature
Derivative	Conversion		Execution Date, if					Expiration Date		of Underlyin		Derivative		Ownership	
Security		(Month/Day/Year)		Code				(Month/Day/Year	.)	Securities					Beneficial
(Instr. 3)	Price of Derivative		(Month/Day/Year)	(Instr. 8			uired (A)			(Instr. 3 and	4)	(Instr. 5)		Derivative	(Instr. 4)
	Security					(D)	isposed of							Security: Direct (D)	(Instr. 4)
	Security						tr. 3, 4,							or Indirect	
						and							Transaction(s)	(I)	
											Amount		(Instr. 4)	(Instr. 4)	
									Expiration	Title	or				
								Exercisable	Date	THE	Number				
				Code	V	(A)	(D)				of Shares				
Non-															
Qualified	l									Class A					
Stock	\$ 7	0(107/2000		D			100 000	10/01/0000(1)	02/06/2007	Class A	100.000	\$ 5.50	0	D	
Option	\$ /	06/07/2006		D			100,000	12/31/2000 <sup>(1)</sup>	02/06/2007		100,000	<u>(2)</u>	0	D	
(right to										Stock					
buy)															
-															
Non-															
Qualified	L									Class A					
Stock	\$ 6.50	06/07/2006		D			100.000	03/14/2001 <sup>(3)</sup>	03/14/2010		100.000	\$ 6 <del>(4)</del>	0	D	
Option	÷ 5.00						,000	05/11/2001		Stock	,000	ΨΟ	2	2	
(right to										Stoon					
buy)															

# **Reporting Owners**

	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
BEHNKE WILLIAM C 2550 DENALL STREET SUITE 1000 ANCHORAGE, AK 99503			Sr VP					

### Signatures

William C. Behnke	06/08/2006	
**Signature of Reporting Person	Date	

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Option exercisable as follows: 33,333 shares 12/31/00, 33,333 shares 12/31/01, and 33,333 shares 12/31/02.
- (2) The option was cancelled by mutual agreement of the reporting person and the issuer. The reporting person received \$550,000 as consideration for the cancellation.
- (3) Option exercisable as follows: 20,000 shares 03/14/01, 20,000 shares 03/14/02, 20,000 shares 03/14/03, 20,000 shares 03/14/04, 20,000 shares 03/14/05.
- (4) The option was cancelled by mutual agreement of the reporting person and the issuer. The reporting person received \$600,000 as consideration for the cancellation.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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