FORM 4

☐ Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person* CARY MARTIN E	2. Issuer Name **and** Ticker or Trading Symbol GENERAL COMMUNICATION INC [GNCMA]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)
(Last) (First) (Middle) 2550 DENALI STREET, SUITE 1000	3. Date of Earliest Transaction (Month/Day/Year) 08/31/2006	___ Director ___ 10% Owner X Officer (give title below) ___ Other (specify below) VP & GM Managed Broadband Svcs
(Street) ANCHORAGE, AK 99503	4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) X Form filed by One Reporting Person ___ Form filed by More than One Reporting Person
(City) (State) (Zip)		

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8) Code	V	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) Amount	(A) or (D)	Price	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Class A Common Stock	08/31/2006		M		410	A	$ 6.50	441	D	
Class A Common Stock	08/31/2006		S		410	D	$ 12.7423	31	D	
Class A Common Stock	08/31/2006		M		6,000	A	$ 8.40	6,031	D	
Class A Common Stock	08/31/2006		S		6,000	D	$ 12.7423	31	D	
Class A Common Stock								24,164	I	by Trust (1)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8) Code	V	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) (A)	(D)	6. Date Exercisable and Expiration Date (Month/Day/Year) Date Exercisable	Expiration Date	7. Title and Amount of Underlying Securities (Instr. 3 and 4) Title	Amount or Number of Shares	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
Non-Qualified Stock Option (right to buy)	$ 6.50	08/31/2006		M			410	04/01/2004 (2)	04/01/2013	Class A Common Stock	410	$ 12.7423	1,600	D	
Non-Qualified Stock Option (right to buy)	$ 8.40	08/31/2006		M			6,000	04/01/2005 (3)	04/01/2014	Class A Common Stock	6,000	$ 12.7423	9,000	D	

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other

CARY MARTIN E 2550 DENALI STREET SUITE 1000 ANCHORAGE, AK 99503			VP & GM Managed Broadband Svcs	

Signatures

Martin E Cary		09/05/2006
**Signature of Reporting Person		Date

Explanation of Responses:

*   If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) All shares owned by virtue of participation in the Company's Employee Stock Purchase Plan through December 31, 2005.

(2) 800 shares are exercisable per year over a five-year period beginning 04/01/2004.

(3) 3,000 shares are exercisable per year over a five-year period beginning 04/01/2005.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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