FORM 5

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL						
OMB Number:	3235-0362					
Estimated average	burden					
hours per response	1 0					

or Form 5 obligations may continue. See Instruction 1(b). Form 3 Holdings Reported

Form 4 Transactions

Reported

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting DOWLING RICHARD P	2. Issuer Name GENERAL ([GNCMA]			5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director X Officer (give title below) Other (specify below) Sr VP							
(Last) (First) 2550 DENALI STREET, SU	3. Statement for (Month/Day/Ye 12/31/2006		ed	Si v	P						
(Street) ANCHORAGE, AK 99503	4. If Amendmen	nt, Date Origina	nth/Day/	6. Individual or Joint/Group Reporting (check applicable line) _X_Form Filed by One Reporting Person Form Filed by More than One Reporting Person							
(City) (State)	(State) (Zip) Table I - Non-Derivative Securities Acq					rities Acqu	uired, Disposed of, or Beneficially Owned				
1.Title of Security (Instr. 3)		2A. Deemed Execution Date, if any (Month/Day/Year)	Code	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or Amount (D) Price		(D) 5)	5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	Form:	Beneficial Ownership		
Class A Common Stock	12/31/2006(1)		I	1,856	A	\$ 12.1243	37,526	I	by Trust (2)		
Class A Common Stock							165,633	D			
Class A Common Stock							30,000	I	by Corporation		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

Security (Instr. 3)	Conversion	3A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 8)	5. Numl of Deriv Secur Acqu (A) o Dispo of (D (Instr	rative rities ired r osed	6. Date Exercisable and Expiration Date (Month/Day/Year)		and Expiration Date		Amor Unde Secur	unt of rlying	Derivative Security (Instr. 5)	of Derivative Securities Beneficially Owned at End of Issuer's	Ownership Form of Derivative Security: Direct (D) or Indirect (I)	Beneficial	
				4, and	15)	Exercisable	Expiration Date	ion Title Amount or Number of Shares								

Reporting Owners

Reporting Owner Name /	Relationships							
Address	Director	10% Owner	Officer	Other				
DOWLING RICHARD P 2550 DENALI STREET SUITE 1000 ANCHORAGE, AK 99503			Sr VP					

Signatures

RICHARD P DOWLING	02/06/2007
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Purchases made on behalf of the reporting person by the Company's Employee Stock Purchase Plan during the period January 1, 2006 to December 31, 2006.
- (2) All shares owned by virtue of participation in the Company's Employee Stock Purchase Plan through December 31, 2006.
- (3) Shares owned by the Company on behalf of the reporting person pursuant to a deferred compensation agreement whereby the shares will ultimately be distributed to the reporting person.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.