FORM	4
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Check this box if no
longer subject to Section
16. Form 4 or Form 5
obligations may
continue. See
Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response... 0.5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Finit of Type Responses)								L			
1. Name and Address of Reporting Person [*] WESTLUND RICHARD		2. Issuer Name and GENERAL COM		0	~	GNCM.	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director10% Owner				
(Last) (First) 2550 DENALI STREET, SUITE 1000		3. Date of Earliest Transaction (Month/Day/Year) 06/25/2007						X_ Officer (give title below) Other (specify below) SR VP & GM CARRIER SERVICES			
(Street) ANCHORAGE, AK 99503	4	4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City) (State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)					sposed of	(D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. 7. Nature Ownership Form: 8eneficial		
		(Month/Day/Year)	Code	V	Amount	(A) or (D)	Price	(Instr. 3 and 4)	Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in SEC 1474 (9-02) this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)															
1. Title of	2.	3. Transaction		4.		5. Number		6. Date Exercisat	le and	7. Title and	Amount	8. Price of	9. Number of	10.	11. Nature
Derivative	Conversion		Execution Date, if				ivative Expiration Date		of Underlying		Derivative		Ownership		
		(Month/Day/Year)		Code		Securities		(Month/Day/Year)							Beneficial
(Price of		(Month/Day/Year)	(Instr. 8		Acquired ((Instr. 3 and	4)	(Instr. 5)		Derivative	
	Derivative					or Dispose	d of								(Instr. 4)
	Security					(D) (Instr. 3, 4								Direct (D)	
						(instr. 5, 4) and 5)	,						Reported Transaction(s)	or Indirect	
						and 5)								(Instr. 4)	
								Dete	E		Amount		((
								Date Exercisable	Expiration Date	Title	or Number				
				Code	v	(A)	(D)		Date		of Shares				
				coue	•	(11)	(D)				or bhares				
Non-															
Qualified										Class A					
Stock	¢ 7 10 (l)	06/25/2007		А		100,000		01/25/2006	01/25/2011		100.000	\$ 0	100.000	D	
Option	\$ 7.12 (1)	00/23/2007		A		100,000		01/23/2000	01/23/2011		100,000	\$0	100,000	D	
(right to										Stock					
buy)															
-															
Non-															
Qualified										Class A					
Stock	. (1)					• • • • •				Class A	• • • • •	A A	• • • • •		
Option	\$ 9.86 ⁽¹⁾	06/25/2007		Α		30,000		09/01/2006 ⁽²⁾	09/01/2015		30,000	\$ 0	30,000	D	
(right to										Stock					
buy)															

Reporting Owners

	Relationships								
Reporting Owner Name / Address	Director	10% Owner	Officer	Other					
WESTLUND RICHARD 2550 DENALI STREET SUITE 1000 ANCHORAGE, AK 99503			SR VP & GM CARRIER SERVICES						

Signatures

By: Alfred J. Walker For: Richard Westlund	06/27/2007
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Exercise price was increased to comply with Internal Revenue Code section 409A. No other terms were changed.
- (2) Option agreement becomes exercisable in five equal annual installments beginning 09/01/2006 through 09/01/2010

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

AUTHORIZATION

Know all by these presents, that the undersigned hereby constitutes and appoints each of John M. Lowber, Bonnie J. Paskvan, and Alfred J. Walker, signing singly, the undersigned's true and lawful attorney-in-fact to:

(1) execute for and on behalf of the undersigned, in the undersigned's capacity as an affiliate of General Communication, Inc. (the "Company"), Form 4, in accordance with Section 16(a) of the Securities Exchange Act of 1934 and the rules thereunder;

(2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Form 4, complete and execute any amendment or amendments thereto, and timely file such form with the United States Securities and Exchange Commission and any stock exchange or similar authority; and

(3) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best interest of, or legally required by, the undersigned, it being understood that the documents executed by such attorney-in-fact on behalf of the undersigned pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorney-in-fact may approve in such attorney-in-fact's discretion.

The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or proper to be done in the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as the undersigned might or could do if personally present, with full power of substitution or revocation, hereby ratifying and confirming all that such attorney-in-fact, or such attorney-in-fact's substitute or substitutes, shall lawfully do or cause to be done by virtue of this power of attorney and the rights and powers herein granted. The undersigned acknowledges that the foregoing attorneys-in-fact, in serving in such capacity at the request of the undersigned, are not assuming, nor is the Company assuming, any of the undersigned's responsibilities to comply with Section 16 of the Securities Exchange Act of 1934.

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Form 4, with respect to the undersigned's holdings of and transactions in securities issued by the Company, unless earlier revoked by the undersigned in a signed writing delivered to the foregoing attorneys-in-fact.

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 4th day of April 2003.

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/s/ Signature

Richard Westlund -----Print Name