FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL							
OMB Number:	3235-0287						
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

ne Responses)															
1. Name and Address of Reporting Person* CHAPADOS GREGORY F				2. Issuer Name and Ticker or Trading Symbol GENERAL COMMUNICATION INC [GNCMA]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
(Last) (First) (Middle) 2550 DENALI STREET, SUITE 1000				3. Date of Earliest Transaction (Month/Day/Year) 09/08/2009								X Officer (give title below) Other (specify below) SR VP FED. AFFAIRS & BUS. DEV.				
(Street) ANCHORAGE, AK 99503				4. If Amendment, Date Original Filed(Month/Day/Year)								6. Individual or Joint/Group Filing(Check Applicable Line) X. Form filed by One Reporting Person Form filed by More than One Reporting Person				
	(State)	(Zip)				Table	e I - N	on-Deriv	ative Sec	curities	Acquir	ed, Disposed o	f, or Benefi	cially Owned		
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Yea	r) any		(Instr. 8)		(A)			(D) (Owned Followin			Ownership Form:	7. Nature of Indirect Beneficial Ownership	
			(IVIOI	itil/D	ay/100		de	V A		(A) or (D)	Price	(instr. 3 and 4)		(or Indirect (I) (Instr. 4) (Instr. 4)	
Common St	tock	09/08/2009				Α		13(1)	6,719	A	<u>(1)</u> 1	151,719])	
Common St	tock										4	5,997				by Trust
		Table I					quired	currently	valid O	MB co	ontrol n	umber.	ss the form	ii uispiays a		
I.	a.m:	21 5 1		puts	1		1						0.70: 0	0.37	2 10	11.37.
Conversion	rersion Date Execution Date, if any (Month/Day/Year)		Transaction Code Securiti (Instr. 8) Acquire or Disp (D)		ative ities red (A) sposed of 3, 4,	Expi (Mor	ration Da	n Date		7. Title and Amount of Underlying Securities (Instr. 3 and 4)			Derivative Securities Beneficially Owned Following Reported Transaction(s)	Ownershi Form of Derivative Security: Direct (D or Indirect)	Beneficia Ownersh (Instr. 4)	
				V	(A)	(D)		cisable	Expirati Date	ion	Title	Amount or Number of Shares		(Instr. 4)	(Instr. 4)
			Code													
	d Address of DOS GREC NALI STR RAGE, AK Y) ecurity Common St Common St Common St Conversion or Exercise Price of Derivative	d Address of Reporting Person DOS GREGORY F t) (First) NALI STREET, SUITE 100 (Street) RAGE, AK 99503 y) (State) ecurity Common Stock Common Stock Report on a separate line for each Conversion or Exercise Price of Derivative (Month/Day/Year)	d Address of Reporting Person DOS GREGORY F t) (First) (Middle) NALI STREET, SUITE 1000 (Street) RAGE, AK 99503 y) (State) (Zip) ecurity 2. Transaction Date (Month/Day/Yea) Common Stock 09/08/2009 Table II 2. Conversion or Exercise Price of Derivative (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 3. Transaction Date (Month/Day/Year) (Month/Day/Year)	d Address of Reporting Person 2. Iss DOS GREGORY F t) (First) (Middle) 3. Date 09/08 (Street) 4. If At RAGE, AK 99503 y) (State) (Zip) ecurity 2. 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Issuer Name and Ticker or Trading Symbol GENERAL COMMUNICATION INC [GNCMA] (First) (NALI STREET, SUITE 1000 (Street) A. If Amendment, Date Original Filed(Month/Day/Year) (Street) A. If Amendment, Date Original Filed(Month/Day/Year) (Street) A. If Amendment, Date Original Filed(Month/Day/Year) (Code V Amount (A) or (D) Price Common Stock O9/08/2009 A. If Amendment, Date Original Filed(Month/Day/Year) A. Code V Amount (A) or (D) Price Common Stock O9/08/2009 A. If Amendment, Date Original Filed(Month/Day/Year) A. Code V Amount (A) or (D) Price Common Stock O9/08/2009 A. If Amendment, Date Original Filed(Month/Day/Year) A. Code V Amount (A) or (D) Price Common Stock O9/08/2009 A. If Amendment, Date Original Filed(Month/Day/Year) A. Code V Amount (A) or (D) Price Code V Amount (C) Price Common Stock O9/08/2009 Table II - Derivative Securities Acquired (A) or Disposed of (D) (Instr. 8) Common Stock O9/08/2009 Table II - Derivative Securities Acquired (A) or Disposed of (D) (Instr. 8) Common Stock O9/08/2009 Date Expiration Title Title Expiration Title	2. Issuer Name and Ticker or Trading Symbol GENERAL COMMUNICATION INC [GNCMA] S. Relationship of GENERAL COMMUNICATION INC [GNCMA] Director	2. Issuer Name and Ticker or Trading Symbol GENERAL COMMUNICATION INC [GNCMA] 5. Relationship of Reporting GENERAL COMMUNICATION INC [GNCMA] 6 1 1 1 1 1 1 1 1 1	2. Issuer Name and Ticker or Trading Symbol GENERAL COMMUNICATION INC [GINCMA] ("First) ("First) ("Street) ("Street) ("Street) ("Street) ("Street) ("Street) ("Street) ("Street) ("Street) ("State) ("Street)	2. Issuer Name and Ticker or Trading Symbol GENERAL COMMUNICATION INC [GNCMA] 3. Date of Earliest Transaction (Month/Day/Year) (Street) 4. If Amendment, Date Original Filed/Month/Day/Year) (State) (State) 4. If Amendment, Date Original Filed/Month/Day/Year) (State) 7. Table I - Non-Derivative Securities Acquired (A) or Disposed of (D) (Instr. 4) Common Stock 09/08/2009 A 136,719 A (II) 151,719 D 151,719 D 2. Tansaction Stock 09/08/2009 A 136,719 A (II) 151,719 D 2. Tansaction Stock 09/08/2009 Table II - Derivative Securities Acquired (Bound on Securities Deneficially Owned Geg., puts, calls, warrants, options, convertible securities) Persons who respond to the collection of information contained in or Exercise (Month/Day/Year) Amount Table II - Derivative Securities Acquired (Bond) (Code (Bond) (Code) (Code (Bond) (Code) (Code (Bond) (Code) (Code (Bond) (Co

Reporting Owners

D C O N /	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
CHAPADOS GREGORY F 2550 DENALI STREET SUITE 1000 ANCHORAGE, AK 99503			SR VP FED. AFFAIRS & BUS. DEV.				

Signatures

By: John M Lowber For: Gregory F Chapados	09/10/2009
**Signature of Reporting Person	Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- On September 8, 2009, the issuer canceled each of the options set forth in Table II above pursuant to the issuer's option exchange program. In exchange for the options, the reporting person (1) received the restricted shares of Class A Common Stock (the "Restricted Stock") set forth in Table I above. 50% of the shares of Restricted Stock will vest on December 20, 2011, and the remaining 50% of the shares of Restricted Stock will vest on February 28, 2012.
- (2) All shares owned by virtue of participation in the Company's Employee Stock Purchase Plan through December 31, 2008.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

AUTHORIZATION

Know all by these presents, that the undersigned hereby constitutes and appoints each of John M. Lowber, Bonnie J. Paskvan, and Alfred J. Walker, signing singly, the undersigned's true and lawful attorney-in-fact to:

- (1) execute for and on behalf of the undersigned, in the undersigned's capacity as an affiliate of General Communication, Inc. (the "Company"), Form 3, Form 4, and Form 5, in accordance with Section 16(a) of the Securities Exchange Act of 1934 and the rules thereunder;
- (2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Form 3, Form 4, and Form 5, complete and execute any amendment or amendments thereto, and timely file such form with the United States Securities and Exchange Commission and any stock exchange or similar authority; and
- (3) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best interest of, or legally required by, the undersigned, it being understood that the documents executed by such attorney-in-fact on behalf of the undersigned pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorney-in-fact may approve in such attorney-in-fact's discretion.

The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or proper to be done in the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as the undersigned might or could do if personally present, with full power of substitution or revocation, hereby ratifying and confirming all that such attorney-in-fact, or such attorney-in-fact's substitute or substitutes, shall lawfully do or cause to be done by virtue of this power of attorney and the rights and powers herein granted. The undersigned acknowledges that the foregoing attorneys-in-fact, in serving in such capacity at the request of the undersigned, are not assuming, nor is the Company assuming, any of the undersigned's responsibilities to comply with Section 16 of the Securities Exchange Act of 1934.

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Form 3, Form 4, and Form 5 with respect to the undersigned's holdings of and transactions in securities issued by the Company, unless earlier revoked by the undersigned in a signed writing delivered to the foregoing attorneys-in-fact.

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 25th day of May 2006.

Signature

Gregory F. Chapados _____

Print Name