

# FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549**

OMB APPROVAL	
OMB Number:	3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person* VERIZON BUSINESS NETWORK SERVICES INC		2. Issuer Name and Ticker or Trading Symbol GENERAL COMMUNICATION INC [GNCMA]		5. Relationship of Reporting Person(s) to Issuer (Check all applicable) <input type="checkbox"/> Director <input checked="" type="checkbox"/> 10% Owner <input type="checkbox"/> Officer (give title below) <input type="checkbox"/> Other (specify below)						
(Last) (First) (Middle) 22001 LOUDOUN COUNTY PARKWAY		3. Date of Earliest Transaction (Month/Day/Year) 03/12/2007		6. Individual or Joint/Group Filing (Check Applicable Line) <input type="checkbox"/> Form filed by One Reporting Person <input checked="" type="checkbox"/> Form filed by More than One Reporting Person						
(Street) ASHBURN, VA 20147		4. If Amendment, Date Original Filed (Month/Day/Year)								
(City) (State) (Zip)		<b>Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned</b>								
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Class B Common Stock	03/12/2007		S		1,275,791	D	\$ 14.5	0	D (1)	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number. SEC 1474 (9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)**

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date					
Class A Common Stock Options	\$ 7.50							06/28/2000	06/28/2010	Class A Common Stock	50,000	50,000	D (2)	

## Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
VERIZON BUSINESS NETWORK SERVICES INC 22001 LOUDOUN COUNTY PARKWAY ASHBURN, VA 20147		X		
MCI COMMUNICATIONS CORP 22001 LOUDOUN COUNTY PARKWAY ASHBURN, VA 20147		X		
Verizon Business Global LLC ONE VERIZON WAY BASKING RIDGE, NJ 07920		X		
VERIZON COMMUNICATIONS INC 140 WEST STREET NEW YORK, NY 10007		X		

# Signatures

/s/ Randal S. Milch	03/13/2007
<small>**Signature of Reporting Person</small>	<small>Date</small>

## Explanation of Responses:

\* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

- Verizon Business Network Services Inc. (formerly known as MCI WORLDCOM Network Services, Inc.) ("Network Services") was the record owner of 1,275,791 shares of Class B Common Stock, the sale of which is reported on this Form 3. Network Services is a wholly-owned subsidiary of MCI Communications Corporation ("MCI"). MCI is a wholly-owned subsidiary of Verizon Business Global LLC ("Verizon Business"). Verizon Business is a wholly-owned subsidiary of Verizon Communications Inc. ("Verizon"). As such, MCI, Verizon Business and Verizon may have been deemed to have shared voting and dispositive powers over the 1,275,791 shares of Class B Common Stock sold by Network Services.
- (1) Network Services is the record owner of 50,000 options to purchase Class A Common Stock. MCI, Verizon Business and Verizon may be deemed to have shared voting and dispositive powers over the 50,000 shares of Class A Common Stock that may be obtained upon the exercise of the options held by Network Services.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

## JOINT FILER INFORMATION

Name: Verizon Business Network Services Inc.  
Address: 22001 Loudoun County Parkway  
Ashburn, VA 20147  
Designated Filer: Verizon Business Network Services Inc.  
Issuer & Ticker Symbol: General Communication, Inc. (GNCMA)  
Date of Event Requiring Statement: March 12, 2007

By: Randal S. Milch, as Secretary

/s/ RANDAL S. MILCH  
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Date: March 13, 2007

Name: MCI Communications Corporation  
Address: 22001 Loudoun County Parkway  
Ashburn, VA 20147  
Designated Filer: Verizon Business Network Services Inc.  
Issuer & Ticker Symbol: General Communication, Inc. (GNCMA)  
Date of Event Requiring Statement: March 12, 2007

By: Randal S. Milch, as Secretary

/s/ RANDAL S. MILCH  
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Date: March 13, 2007

Name: Verizon Business Global LLC  
Address: One Verizon Way  
Basking Ridge, NJ 07920  
Designated Filer: Verizon Business Network Services Inc.  
Issuer & Ticker Symbol: General Communication, Inc. (GNCMA)  
Date of Event Requiring Statement: March 12, 2007

By: Randal S. Milch, as Secretary

/s/ RANDAL S. MILCH  
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Date: March 13, 2007

Name: Verizon Communications Inc.  
Address: 140 West Street  
New York, NY  
Designated Filer: Verizon Business Network Services Inc.  
Issuer & Ticker Symbol: General Communication, Inc. (GNCMA)  
Date of Event Requiring Statement: March 12, 2007

By: Marianne Drost, as Secretary

/s/ MARIANNE DROST  
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Date: March 13, 2007