FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

(Print or Type Responses)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* LOWBER JOHN M				2. Issuer Name and Ticker or Trading Symbol GENERAL COMMUNICATION INC [GNCMA]								MA]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
(Last) (First) (Middle) 2550 DENALI STREET, SUITE 1000				3. Date of Earliest Transaction (Month/Day/Year) 11/10/2004							ar)		X Officer (give title below) Other (specify below) Sr VP, CFO, Secretary, Treas.				
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)							Year)		6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
	RAGE, AK												_ roini inca by	Wore than One i	ceporting rerson		
(City	y)	(State)	(Zip)				Table	I - No	n-Dei	rivative	Securities	s Acquire	ed, Disposed	of, or Benef	ficially Owne	d	
1.Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Yea			2A. Deemed Execution Date, if any (Month/Day/Year)		if Code (Instr	(Instr. 8)		4. Securities Acquired (A) or Disposed of (E) (Instr. 3, 4 and 5)		f (D) O			d	6. Ownership Form: Direct (D)	7. Nature of Indirect Beneficial Ownership		
				(Month/Day/Tear)			ode	V	Amoun	(A) or (D)	Price	(months and the			or Indirect (I) (Instr. 4)	(Instr. 4)	
Class A C	Common St	tock	11/10/2004				M	(1)		25,000	A	\$ 4 1	82,658			D	
Class A Common Stock 11/10/2004			11/10/2004				S	1)		25,000		\$ 9.55 1	57,658			D	
Class A C	Common St	tock										5	4,328			I	by Trust
			Table II .	. Deriva	tive	Secur	rities Ace	ir a	this curre	form a ently v	re not re	quired to control	o respond number.		on containe form displa		1474 (9-02)
			Table II								ble securit		wheu	_	,		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deemed Execution Date, if any (Month/Day/Year)	Code		of Do Secu Acqu or Do of (E	erivative Expiration Date of (Month/Day/Year) of Se (In Sposed of Se (In S			of Unde Securiti	Underlying Derivative		Securities Beneficially Owned Following Reported Transaction(s)	Owners Form of Derivat Security Direct (or Indir (s) (I)	ive (Instr. 4) D) ect		
				Code	v	(A)	(D)	Date Exerc	cisable		oiration e	Title	Amour or Numbe of Shares		(Instr. 4)	(Instr. 4)
Non- Qualified Stock Option (right to	\$ 4	11/10/2004		M ⁽¹⁾			25,000	03/0	01/20	01 03	/01/2005	Class Comm Stoc	on 25,00	0 \$ 9.55	50,000	D	

Reporting Owners

D C O N /	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
LOWBER JOHN M 2550 DENALI STREET SUITE 1000 ANCHORAGE, AK 99503			Sr VP, CFO, Secretary, Treas.					

Signatures

JOHN M LOWBER	11/11/2004
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) 10b5-1 Plan Indicated

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.